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FIG. 1A
PRIOR ART

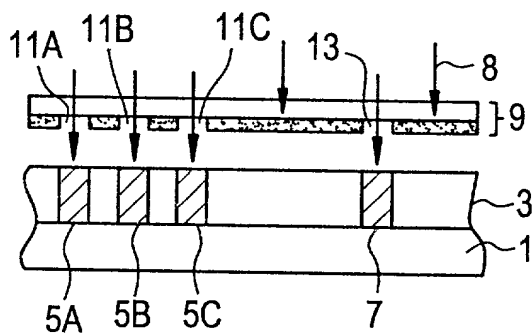


FIG. 1B
PRIOR ART

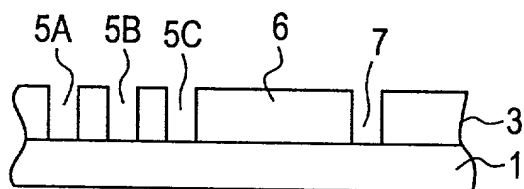


FIG. 1C
PRIOR ART

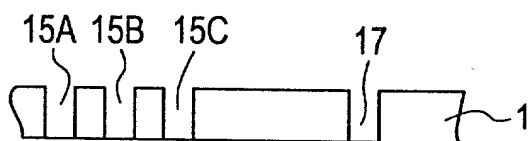


FIG. 2A

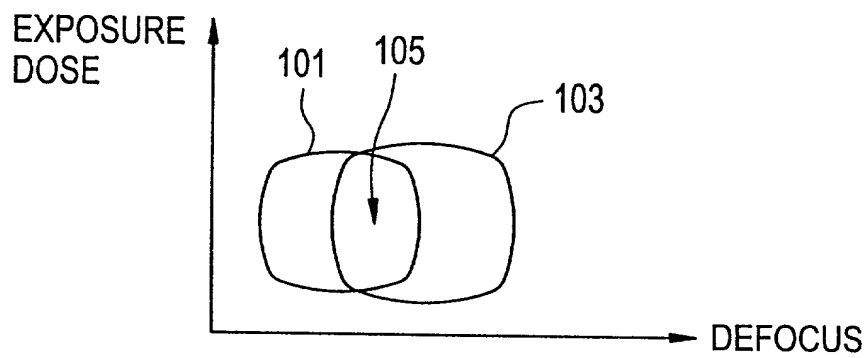
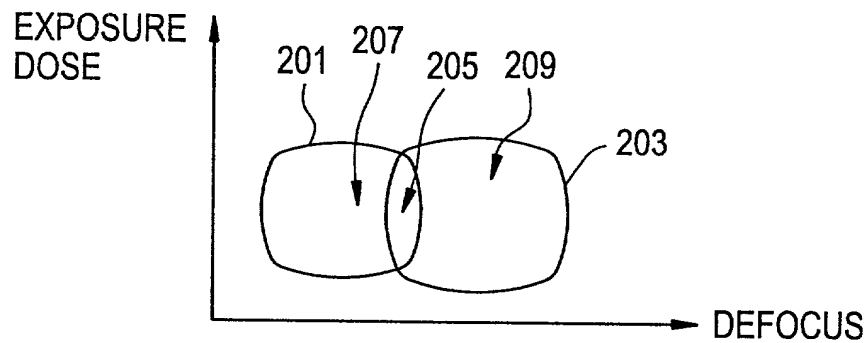


FIG. 2B



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FIG. 3

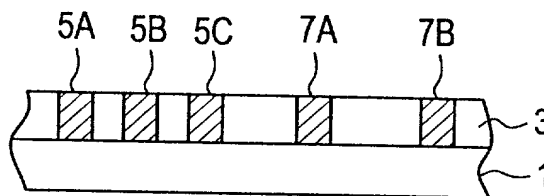


FIG. 4A

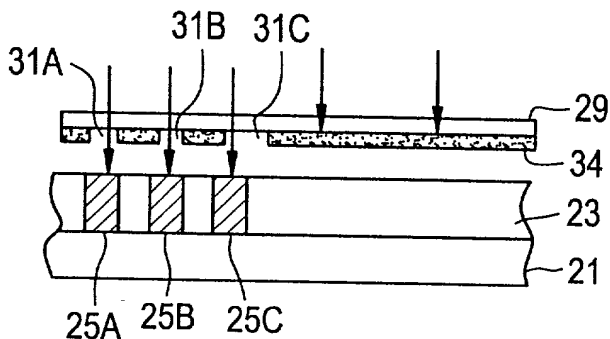


FIG. 4B

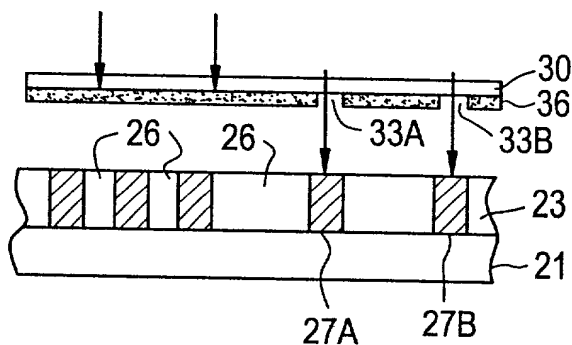


FIG. 4C

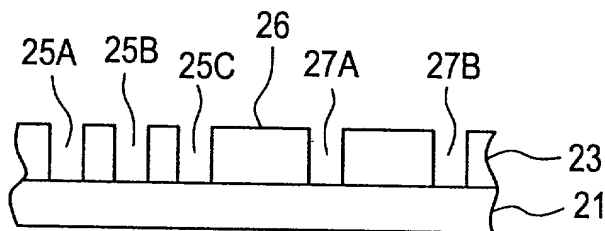
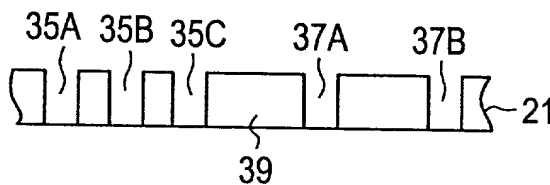
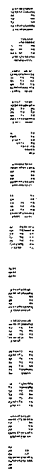


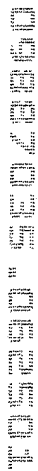
FIG. 4D



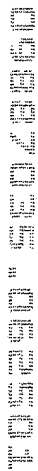
Variable	Mean	SD	Min	Max
Age	34.5	10.2	22	55
Gender	0.5	0.5	0	1
Marital Status	0.6	0.5	0	1
Education	12.5	1.5	10	15
Income	3500	1500	1000	7000
Health Status	0.8	0.2	0	1
Exercise Frequency	2.5	1.5	0	5
Stress Level	4.5	1.5	1	7
Sleep Quality	3.5	1.5	1	6
Dietary Habits	2.5	1.5	0	5
Work-Life Balance	3.5	1.5	1	6
Family Support	4.5	1.5	1	7
Community Involvement	2.5	1.5	0	5
Overall Well-being	4.5	1.5	1	7



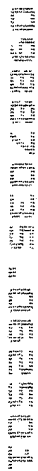
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Gender	0.5	0.5	0	1
Marital Status	0.6	0.5	0	1
Education	12.5	1.5	10	15
Income	3500	1500	1000	7000
Health Status	0.8	0.2	0	1
Exercise Frequency	2.5	1.5	0	5
Stress Level	4.5	1.5	1	7
Sleep Quality	3.5	1.5	1	6
Dietary Habits	2.5	1.5	0	5
Work-Life Balance	3.5	1.5	1	6
Family Support	4.5	1.5	1	7
Community Involvement	2.5	1.5	0	5
Overall Well-being	4.5	1.5	1	7



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Dietary Habits	2.5	1.5	0	5
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Family Support	4.5	1.5	1	7
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Education	12.5	1.5	10	15
Income	3500	1500	1000	7000
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Exercise Frequency	2.5	1.5	0	5
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Sleep Quality	3.5	1.5	1	6
Dietary Habits	2.5	1.5	0	5
Work-Life Balance	3.5	1.5	1	6
Family Support	4.5	1.5	1	7
Community Involvement	2.5	1.5	0	5
Overall Well-being	4.5	1.5	1	7



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FIG. 6

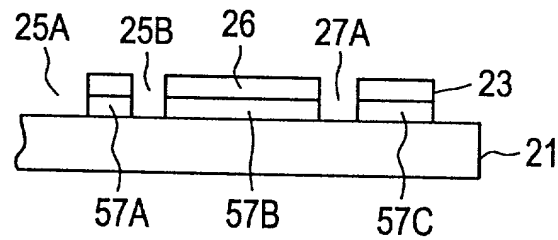
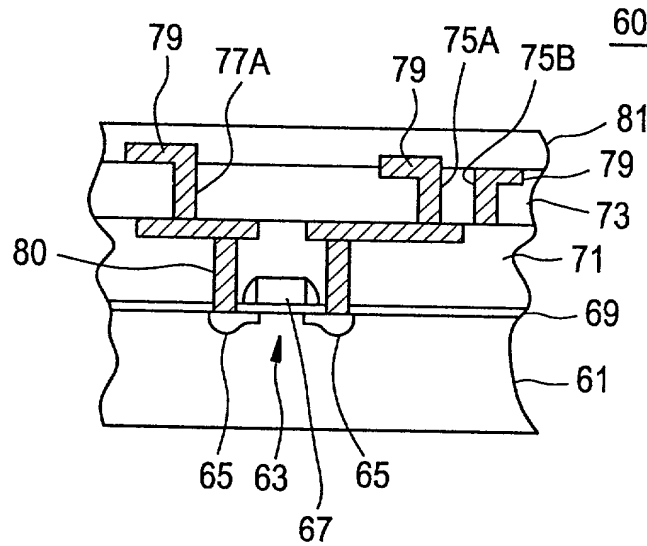


FIG. 7



0987035 06501
105290 SEP 28 2000